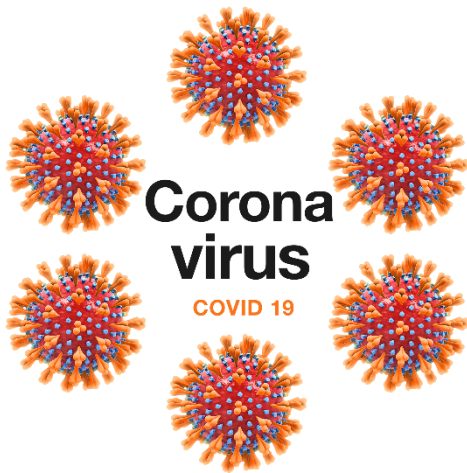


Information about COVID-19 or Coronavirus



COVID-19 is a new illness. It is caused by a virus called coronavirus. It can affect your lungs and your airways.



If you have COVID-19 you may not feel well.

You may have a cough.

You may feel hot and have a high temperature.

You may have difficulty with your breathing.



Having these things does not always mean you have COVID-19.

Sometimes these things mean that you might have a cold or the winter flu.



**People First
(Scotland)**

What to do if you think you have COVID-19



If you think you have COVID-19 then the advice is to stay at home for 14 days (2 weeks).

You can find out more information on the internet by visiting

<https://www.nhs.uk/>



If you still feel unwell after 7 days then call NHS 24 on 111.



If you feel very unwell or need support with your illness then you can call NHS 24 on 111.



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