

# Covid-19: Scottish Government easing lockdown restrictions



People First  
(Scotland)



On 16<sup>th</sup> March the Scottish Government said they would start easing some lockdown restrictions.

Ease means to reduce some of the rules and restrictions.

The Government may change some dates.



**From 2 April 2021**



**Stay at Home ENDED.**

**People can leave their house. They do not need an essential reason to leave their house.**



**Between 12th and 20th April 2021**

## Education

All pupils are back at school full-time.





### Households

Up to **6 people** from up to 6 households can meet **outdoors** to socialise.



Up to **4 people** from up to 2 households can meet **indoors** in a **public place** to socialise.



Children under the age of 12 can meet outdoors to socialise.



### Travel

People can travel all over mainland Scotland during the day to meet people, socialise and do exercise.



**Not overnight stay** outside your local authority.

This means that if your friends or family live in a different local area from yours, you cannot stay with them overnight.

April

26

From 26th April 2021

**ONLY** If the spread of the virus stays under control:



### Households

Up to **6 people** from 2 households could meet **indoors** in a **public place** to socialise.



This could be in a café or restaurant.



### Travel

People could travel again between Scotland, England and Wales.



### Cafés, pubs and restaurants

Cafés, pubs and restaurants would reopen.

Serving **indoors** until **8pm**. NO alcohol.



Serving **outdoors** with alcohol.

It is up to each local authority to decide by which time alcohol must stop being served by in the evening.



Takeaway food would be collected indoors.

## Shopping



All shops and stores could reopen.

## Events and activities



Up to 50 people could go to a wedding or a funeral. Alcohol **would be served**.



All places of worship could open with no limit on the number of people who could attend.



Driving lessons and tests could start again.



### Sports and exercise

Gyms and swimming pools could reopen for individual exercise.



### Public buildings

Art galleries, museums and libraries could reopen.



### Tradespeople

Plumbers, electricians and joiners could work in your house.

May

17

From 17th May 2021

**ONLY** If the spread of the virus is still under control:



### Households

Up to **4 people** from 2 households could socialise **indoors** in a **private home**.



Up to **6 people** from up to 3 households could meet **indoors** in a **public place** to socialise.



This could be in a café or restaurant.



Up to **8 people** from up to 8 households could meet **outdoors** to socialise.



## Cafés, pubs and restaurants



Cafés, pubs and restaurants could open later.

Serving **indoors** until **10.30pm** with alcohol.



Serving **outdoors** with alcohol.

It is up to each local authority to decide by which time alcohol must stop being served by in the evening.



## Leisure

Cinemas, amusement arcades, and bingo halls could open with a limited number of people allowed.



## Sports and exercise

**Outdoor** adult contact sport and **indoor** group exercise could restart.



No adult **indoor contact sports**.

## Events and activities



**Indoor and outdoor events** could happen again.

Indoor, up to 100 people.



**Outdoor**, up to 500 people seated or 250 people standing.

June

Tue	Wed	Thu	Fri	Sat	Sun	Mon
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**From Early June 2021**

**If the spread of the virus is even more under control:**



## Households

Up to **6 people** from up to 3 households could socialise **indoors at home**.



Up to **8 people** from 3 households could socialise **indoors** in a **public place**.

It could be a place like a café or a restaurant.



Up to **12 people** from 12 households could meet **outdoors** to socialise.



### Cafés, pubs and restaurants

Cafés, pubs and restaurants could stay open indoors until 11.00pm. Alcohol served.



Serving **outdoors** with alcohol.

It is up to each local authority to decide by which time alcohol must stop being served by in the evening.

### Events and activities



More people could go to **indoors** and **outdoors events**.



### Leisure



Funfairs and soft play could reopen.

June						
Tue	Wed	Thu	Fri	Sat	Sun	Mon
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

From end of June 2021

If the spread of the virus is even more under control:



### Households

Up to **8 people** from up to 4 households could meet **indoors at home**.



Up to **10 people** from up to 4 households could meet **indoors** in a **public space** like a café or restaurant.



Up to **15 people** from up to 15 households could meet **outdoors** to socialise.



## Work



People would still work from home as much as possible.



Some office working could become possible but only in limited numbers.

## Events and activities



Even more people could go to indoors and outdoors events.



## Sports and exercise

All sport activities could start again.





You can find out more on the Scottish Government website:

[www.gov.scot/coronavirus](http://www.gov.scot/coronavirus)



You can also phone the Scottish Government's Coronavirus helpline on **0800 111 4000** (open Monday to Friday, 9am to 5pm).



If you are worried you can ask someone you trust like a family member or your support worker.

The office number for People First (Scotland) is **0131 478 7707** (open Monday to Friday, 9am to 5pm).



**People First  
(Scotland)**